

HEALTH AND WELLBEING BOARD	AGENDA ITEM No. 12
4 DECEMBER 2017	PUBLIC REPORT

Report of:	Wendi Ogle-Welbourn, Executive Director People and Communities Cambridgeshire and Peterborough Councils and Dr Liz Robin, Director of Public Health	
Cabinet Member(s) responsible:	Cllr Wayne Fitzgerald	
Contact Officer(s):	Helen Gregg, Partnership Manager, Peterborough and Cambridgeshire Councils	Tel. 863618

QUARTERLY HEALTH & WELLBEING STRATEGY PERFORMANCE REPORT

R E C O M M E N D A T I O N S	
FROM: Executive Director People and Communities Cambridgeshire and Peterborough Councils and Director of Public Health	Deadline date: N/A
It is recommended that the Health and Wellbeing Board consider the content of the performance progress report and raise any questions.	

1. ORIGIN OF REPORT

1.1 This report is submitted to the Health and Wellbeing Board at the request of the Executive Director for People and Communities Cambridgeshire and Peterborough Councils and the Director of Public Health.

2. PURPOSE AND REASON FOR REPORT

2.1 The purpose of this report is to provide the Health and Wellbeing Board with a summary of progress against the Future Plans identified for each of the focus areas outlined in the Health & Wellbeing Strategy 2016-2019.

2.2 This report is for the Health and Wellbeing Board to consider under its Terms of Reference Numbers:

2.7.3.1 To develop a Health and Wellbeing Strategy for the city which informs and influences the commissioning plans of partner agencies

2.7.3.2 To develop a shared understanding of the needs of the community through developing and keeping under review the Joint Strategic Needs Assessment and to use this intelligence to refresh the Health and Wellbeing Strategy

3. TIMESCALES.

Is this a Major Policy Item/Statutory Plan?	NO	If yes, date for Cabinet meeting	N/A
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4. BACKGROUND AND KEY ISSUES

- 4.1 The Health & Wellbeing Strategy 2016-19 identified key focus areas. A performance report for each focus area is contained within **Appendix 2**. A full set of reports was presented to the HWB/SPP Partnership Delivery Group on 8 November.

In addition to the performance headlines listed below, the delivery group would also like to highlight activity in the following areas:

The Campaign to End Loneliness Conference, Kingsgate, December 2017

The Campaign is a network of national, regional and local organisations and people working together through community action, good practice, research and policy ensuring that loneliness is acted upon as a public health priority at national and local levels.

Aim of the Event

- The Campaign for Loneliness is due to be launched nationally during November and December to highlight the plight of social isolation during the **festive season**.
- Social Isolation is a key priority for both the government and local authorities currently as this can often lead to health issues adding pressure to our already overloaded health and social care system.

Key messages

- A call out action to tackle isolation amongst the elderly population in Peterborough during Christmas and New Year.
- The Campaign to End Loneliness believes that nobody who wants company should be without it.
- The Campaign also want to target voluntary/community organisations that involve young people to gain their involvement in tackling isolation. The Campaign want to make this happen by ensuring that:
 - People most at risk of loneliness are reached and supported
 - Services and activities are more effective at addressing loneliness
 - A wider range of loneliness services and activities are developed

Health and Wellbeing Strategy Outcome Metrics

- The HWB/SPP Partnership Delivery Group asked pupils from the City College to create a poster that illustrated the key headlines listed in the Health and Wellbeing Strategy Outcome Metrics report brought to the HWB Board earlier this year. The group have asked the pupils to deliver a presentation to the main Health & Wellbeing Board. Date to be confirmed

Universal Credit Support

- Foodbanks have offered to support anyone awaiting for their Universal Credit payment by providing additional food parcels. This is an increase of the usual offer of up to 3 food parcels per year for people in need. The offer is subject to sufficient provision of food donations available.
- Energy cards - PCAS can provide energy card top ups of £15 per utility. Where clients are in crisis and awaiting Universal Credit, we will look to offer more than one instance
- Explore with Public Health options for supporting vulnerable people who are in energy debt. A meeting will take place before the end of November to take this forwards.

English as a Second / Other Language (ESOL) courses

- The Getting to Know You' project, funded under DCLG Controlling Migration funding for 2 years, is designed to teach people with no / low English skills in Peterborough to navigate public services such as health, education and housing, thus reducing the burden on services themselves as well as existing established communities. As well as this, the project will improve participants' English language skills as there is huge unmet demand

for classes in the city.

- The classes are being delivered by trained volunteers using lessons and resources developed by ESOL specialists at City College. Responses from volunteers has been overwhelming, with 70 people of all ages, backgrounds and ethnicities applying to volunteer. In year one, we aim to deliver the courses to 350 learners in a range of venues in the community.

Supported Housing Provision

The Government has announced details of proposed funding arrangements for supported housing provision, which are subject to a public consultation which closes in January. The proposals provide clarity on the approach Government wish to take to encourage the development of new provision for people in vulnerable groups including older people, people with mental health issues, care leavers and people with disabilities

Selective Licensing

Selective Licensing schemes in Peterborough are continuing to positively impact on the conditions across the private rented sector housing market. For example 938 Gas Safe certificates were issued in November 2016, just before the formal scheme began, suggesting that these landlords didn't have one in place and they had been done so their applications could be submitted. Almost 1 year on:

- We have carried out over 1700 initial property inspections, these determine if there are any serious risks we need to deal with urgently, and to identify any category one hazards that need housing enforcement officer intervention.
- The visits are also used to advise owners of any defects found that they need to attend to and to risk assess when a full inspection should be carried out within the lifetime of the scheme, the aim being to tackle the worst first.
- Those c.1700 inspections have resulted in us finding 557 properties having at least one category one hazard that needed enforcement action.
- The housing enforcement officers are working through these and 64 notices have been issued so far.
- We are finding a higher rate of compliance from landlords and many more disrepair issues are being resolved informally reducing the need for formal notices, works in default and prosecutions.
- Six cases have been brought before the courts for not licensing, all have been found guilty and fined. We are currently working towards the introduction of civil penalties which will move these offences away from the court system and will allow us to set more appropriate fines, and recover the money through debt recovery to be used for housing enforcement work.
- Some enforcement action has been carried out to find unlicensed properties. 110 investigations have been undertaken which have resulted in 24 landlords applying for their licences at first contact, 6 resulted in prosecution and the remainder are still ongoing investigations.

Key Headlines from the performance reports:

Children and Young People

- Mental Health & Wellbeing Services Conference is being held on 30 November. The conference will celebrate and focus on the new and improved services across Cambridgeshire and Peterborough for children and young people's mental health and wellbeing
- A new pathway has been developed for children with suspected ADHD/ASD
- A procurement process has recently been completed for the provision of counselling services and mental health promotion services jointly with CCC and C&P CCG and additional investment has gone into this. The new provider CHUMS, will start delivering the service from 1st January 2018

Ageing Well

- The Older People Mental Health Delivery Board is bringing together agencies across the health and social care system to develop an integrated plan to improve outcomes for

- people living with dementia across Cambridgeshire and Peterborough
- Implementation of the CCG-wide falls prevention business case has now commenced. The aim of the project is to implement a comprehensive, standardised and integrated falls prevention pathway across the CCG area of Cambridgeshire and Peterborough
- Social isolation has been determined a priority by the Ageing Well Strategy Board, alongside other priorities including falls prevention and dementia
- A falls prevention pathway has been co-produced and is being implemented by colleagues from Public Health, CPFT and the CCG. Funding has been secured from Better Care Fund, the STP and public health

Growth, Health and the Local Plan

- Consultation on the Proposed Submission version of the emerging Local Plan is now due to commence in Jan 2018 for a six week period. It includes a proposed Health and Wellbeing policy
- The Public Health team are working with colleagues from strategic planning, development planning, community safety and environmental health to investigate options for improving the food environment in Peterborough. A review of local food environment was undertaken to better understand:
 - The number and distribution of different food outlets e.g. fast food, local grocery shops across Peterborough, their location and growth over time
 - National evidence on what can be done to improve choice and create a food environment which encourages as default more healthy options
- A report was taken to the Public Health Board in October and following this Public Health, Planning Policy and Development Management teams will meet in November to explore the feasibility of developing a Supplementary Planning Document as a means of influencing the development of fast food outlets in the city

Health and Transport Planning

- The Council has applied for sustainable travel funding from the Combined Authority following a unsuccessful application to Department for Transport, a decision should be taken at their board meeting on 25 October
- £20,000 has been awarded to the Cambridgeshire and Peterborough Road Safety Partnership Delivery Group from the OPCC to deliver various road safety activities
- Toolkits are being developed which cover the fatal four (speed, seatbelts, mobile phones and drink drug driving). Toolkits will be available to community, voluntary groups, CSPs across the county to allow for a coordinated message.
- Focus has continued on young drivers officers have delivered events at RAF Wittering around drink/drug driving and attended the Freshers Fayre at Peterborough Regional College
- The Council was successful in it's application for funding from department for transport to enhance its cycling and walking plans and provide staff training on current best practices
- The Road safety partnership is currently experiencing problems with casualty data and the new CRASH system. This is currently being investigate and solutions being developed

Health and Wellbeing of Diverse Communities

- National Controlling Migration Fund. Five Peterborough projects have been funded to date, these are:

CMF Project	Lead Officer	DCLG Grant Awarded (Total)	17-18	18-19	19-20

Getting to Know You	Janet Bristow - City College	£281,573	£138,706	£142,867	N/A
Alcohol Misuse	Joseph Keegan / Julian Base - Public Health	£283,347	£135,120	£148,227	N/A
Rough Sleeper Support Services	Sean Evans - PCC	£250,436	£99,401	£151,036	N/A
Shared Vision	Keith Jones - CAB	£288,350	£105,344	£145,852	£37,154
Social Media Resources	Kathy Hartley - Public Health	£94,200	£48,900	£45,300	N/A
		£1,197,906	£527,471	£633,282	£37,154

- The projects help to address many of the issues identified in the JSNA for Diverse Ethnic Communities
- The mental health Crisis 'First Response Service' (FRS) and 'Sanctuaries' - implemented as part of a partnership 'crisis care concordat programme' is being promoted as a programme of work to Minority Ethnic communities throughout Peterborough
- NHS Health Checks are now being delivered within local community settings, complementing existing delivery through local GP practices

Health Behaviours and Lifestyles

- Solutions4Health are delivering one to one clinics and group programmes to assess and address lifestyle factors including alcohol, diet and nutrition, physical inactivity and smoking, with 380 people setting a personal health plan since April.
- The workplace programme is a joint commission across Cambridgeshire and Peterborough that supports the wider networking of local employers. The programme is also closely aligned with both healthy lifestyle services across the area to ensure employers have full access to support services.
- A Tobacco Control Plan is being co-produced with a variety of partners from the local authority, health sector, voluntary groups and patient groups. Each partner is directly committed to lead specific interventions and work collaboratively towards the achievement of shared outcomes
- The Staying Well Campaign is being actively promoted through digital, print, media and publication platforms between 23 October through to 17 December. Key messages are around flu jabs and how cold weather can affect your health. A copy of a poster is attached as Appendix 3. The aim of the campaign is to ensure that people who are most at risk of preventable emergency admission to hospital are aware of and, where possible, are motivated to take actions that may avoid admission this winter.

Housing and Health

- 1,077 aids & adaptations were completed in 2016/2017 and so far this year 667 have been completed
- 3,427 Handyperson requests were completed in 2016/2017 and so far this year 1,228 have been completed
- 8 Housing Related Support providers are currently funded, which includes support in accommodation settings, drop in support and some specialist floating support. Overall numbers of Homelessness Prevention as a direct result of this support are slightly up on same period last year

- Discussions are now taking place to jointly commission a generic Floating Support Service with Cambridgeshire County Council from July 2018 onwards. This will provide support to vulnerable residents in both hostel settings and within their homes. The aim is for the support to move with them through different types of accommodation and at different levels to achieve full independent living.
- The Cross Keys Homes Extra Care scheme of 54 units completed and was handed over to CKH's Housing Related Support team on 5th September. An open day has taken place and 14 units, accommodating 20 people are now occupied within the scheme
- The Vulnerable Housing G has now met twice resulting in positive discussions on how we gear ourselves up for the provision for vulnerable people (older people, people suffering from mental health issues, domestic abuse victims, young people leaving care)
- The Housing Board for the Combined Authority has agreed in principle to include vulnerable peoples housing needs as a sub-group
- The levels of homelessness in the city remain high, with a number of households temporarily housed in bed and breakfast-type accommodation. To address this, the council is actively working to increase the availability of housing to accommodate homeless households; this is being achieved through the conversion of existing buildings and the acquisition of additional housing off the open market.

Mental Health for Adults of Working Age

- The Draft Joint Cambridgeshire and Peterborough Suicide Prevention Strategy was presented to Health Scrutiny on 6 November. The strategy outlines 6 priorities: Priority area 1 – Reduce the risk of suicide in high risk groups, Priority area 2 – Tailor approaches to improve mental health in specific groups, Priority area 3 – Reduce access to the means of suicide, Priority area 4 – Provide better information and support to those bereaved or affected by suicide, Priority area 5 - Support the media in delivering sensitive approaches to suicide and suicidal behaviour and Priority area 6 - Support research, data collection and monitoring
- Suicide Prevention - a number of new workstreams have been established e.g. bereavement support for people bereaved by suicide following investment by the STP. Funding has been provided to set up a reactive support service for people who have been bereaved as a result of suicide
- Zero suicide initiative - This is the overarching ambition for suicide prevention locally and aims to bring all partners together to support the development of a learning culture to drive up quality so that suicide prevention is a priority for each organisation, across the system
- GP Training in suicide prevention - Funding has been secured through the STP for training of GPs across Cambridgeshire and Peterborough in suicide prevention, which will focus on the patient/GP interaction, risk identification, compassion and empathy as well as safety plans and follow-through care.
- Stronger links between commissioners - two multi-agency groups that include service user and carer representation now oversee the delivery and improvement of mental health services: i) The MH Delivery Board (the Cambridgeshire and Peterborough Crisis Care Concordat group) which oversees crisis acute care ii) the Community MH Services Delivery Board which oversees statutory and voluntary sector provision in the community and primary and secondary care.
- The Right Support, the First Time, at the Right Place, by the Right People - the enhanced primary care mental health pathway to be delivered through the PRISM has been implemented across Peterborough. This will help to ensure that the Care Act responsibilities of CPFT, including as required in of social care through the Section 75 Partnership Agreement, are discharged
- Improvement in the identification of carers of people with mental needs is a key priority 2017/18. This is being addressed directly with CPFT and with The Carers Trusts as well as being addressed within the joint Council and CCG review of the Cambridgeshire and Peterborough Carers Strategy

Protecting Health

- Good progress continues to be made in Peterborough on Latent TB (LTBI) screening in certain at risk groups, which has been the focus of the TB commissioning Group led by

the CCG in the past 18 months. Additional GP practices have now been recruited to the programme to ensure a high level of coverage

- Health Protection Steering Group (HPSG) Screening Updates
- Low uptake for all three cancer screening programmes:
 - Bowel Cancer screening uptake – range 55.4% – 59.9% (acceptable 52%, achievable >70%)
 - Breast screening uptake – range 69.87% - 75.8% (acceptable >70%, achievable >80%)
 - Cervical cancer screening – range 63.3% - 66.1% (acceptable >80%, achievable >95%)
- Immunisations – causing concern is the second dose of MMR vaccine – there is good uptake now of the first dose but at age 5 years under 90% of children have been received the second dose of the vaccine that is needed to give a high level of immunity
- Current focus on flu vaccination as winter approaches. Reports from Australia show that their flu season that has just ended was more severe than previous years and usually the flu strains that have been predominant in the Southern hemisphere tend to be those that affect us in our following flu season so we are expecting a more severe flu season this year. Encouraging flu vaccination was the focus of the November Healthy Peterborough campaign.

Health and Wellbeing of People with Disability and/or Sensory Impairment

- Peterborough Physical Disability Board - The first meeting of the refreshed Peterborough Physical Disability Board met in May 2017. The Board is Chaired by an independent person and the membership includes officers from the Council and others from the voluntary sector (and other interested parties). It has a Forward plan that includes Transport, Health, Employment and Leisure
- Peterborough Sensory Disability Board - A pre-meeting to develop the Peterborough Sensory Disability Board took place at the beginning in Oct 2017 and a Terms of Reference was agreed to be taken to the first ever board in December 2017
- The results of the 2016/17 Carers Survey has been analysed and an action plan devised. The results were very positive with 72.6% of carers stating that they were extremely to quite satisfied with the support and services they receive against an England average of 70.8%.
- The [Care and Support Directory for 2017/18](#) which is a useful information source for people with disabilities and sensory impairment was distributed to council offices, the hospital, Age UK, Carers Trust and GP practices in August 2017 and can be viewed on the council website
- Future arrangements for Learning Disability - A joint review is underway between both LAs and the CCG about future arrangements for learning disability

Geographical Health Inequalities

- Can Do Regeneration Programme - An Executive Board has been established to oversee the 2-year programme and governance terms agreed that reflect the vital participation of the community
- Public and voluntary sector partners will work in collaboration with the community to develop improvement plans for the parks and open spaces in the area. It is anticipated that this group will submit a funding bid to the National Lottery's new £4.5m Place Based Social Action Fund to support this work
- Community Serve - Community Hubs supported by the City College are located within Gladstone and Orton Malborne. Cross Keys Homes support a community led hub in Westwood. As a result of attending the Hub and participating in a range of courses including ESOL, students have gained valuable life changing skills; for the first time, they can communicate at an effective level with Doctors and Teachers. This is a major achievement as it eliminates the isolation factor and it allows students to integrate within the community
- Community Meet and Eat events attracting a total of 543 local people and improving social cohesion and isolation. Partners attending include Public Health, the National Literacy Trust and College staff to promote learning and volunteering opportunities. The meet and eat gatherings have proved to be incredibly successful and go a long way to

reduce isolation, increase social relationships, tackling health and well-being and providing volunteering skills and development in the local community

- Public Health are beginning a programme of cross cutting analytical work on health inequalities across Peterborough and Cambridgeshire and how this is linked to socioeconomic outcomes and pressures on health and care services. The work will help partners better understand how outcomes differ across the area, how they are changing and the areas with greatest need

Long Term Conditions and Premature Mortality

- Recent data shows that the overall cardiovascular mortality for adults under the age of 75 in Peterborough has fallen to similar to that of the national average, having been above average since 2005/07. There are still inequalities between different areas in Peterborough
- Implementation of the STP/BCF programme to identify and treat people with atrial fibrillation to reduce their risk of stroke is progressing, with good engagement of local GP practices.

Future Plans RAG Ratings and Risk Register (Appendix 2)

There have been a number of improvements to the RAG ratings (all from AMBER to GREEN) as listed below:

Long Term Conditions and Premature Mortality

- Develop and implement a joint strategy to address CVD in Peterborough

People with Disability and/or Sensory Impairment

- Work with users of St George's hydrotherapy pool to explore future options for sustainability

Ageing Well

- The HWB has commissioned an 'Older People: Primary Prevention of Ill Health' JSNA for Peterborough, which is due for completion during 2016

Protecting Health

- Develop a joint strategy to address poor uptake of immunisation including improved communication with communities and individuals

Health & Transport Planning

- Collect further JSNA information on transport and health for Peterborough, using locally developed methodologies

BCF / STP

- Greater alignment of Peterborough and Cambridgeshire BCF Plans
- A single commissioning board for Peterborough and Cambridgeshire

5. CONSULTATION

5.1 The progress reports were reviewed at the Health & Wellbeing and SPP Partnership Delivery Group on 8 November 2017.

5.2 The Partnership Delivery Group will be focussing on a review of the integrated front door and 106 agreements.

6. ANTICIPATED OUTCOMES OR IMPACT

6.1 The Board is expected to review the information contained within this report and respond / provide feedback accordingly.

7. REASON FOR THE RECOMMENDATION

7.1 To ensure the Health and Wellbeing Board members are kept regularly informed of progress and any barriers/challenges that may be preventing progress so that members may assist in unblocking these.

8. ALTERNATIVE OPTIONS CONSIDERED

8.1 The Board must be kept informed of progress against the identified focus areas within the current Health & Wellbeing Strategy.

9. IMPLICATIONS

Financial Implications

9.1 There are no financial implications associated with this report.

Legal Implications

9.2 There are no legal implications associated with this report.

Equalities Implications

9.3 There are no equality implications associated with this report.

10. BACKGROUND DOCUMENTS

Used to prepare this report, in accordance with the Local Government (Access to Information) Act 1985

10.1 N/A

11. APPENDICES

11.1 Appendix 1 Future Plans RAG Ratings and Risk Register
Appendix 2 Focus Areas Performance Reports
Appendix 3 Staying Well Poster

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